

How will I be assessed?

To achieve the Course award you must successfully complete all five Units.

Assessment will be based on a range of practical activities in real or simulated workplace settings, with some additional evidence, e.g. in the form of logbooks, tutor observation checklists, training records. This will provide evidence of competence in practical skills and in the skills of planning, reviewing and evaluating.

Each Unit will be supported by a NAB (National Assessment Bank item).

What can I do after this course?

This Course may provide candidates with opportunities to progress to:

- Intermediate 2 Skills for Work Sports and Recreation
- Scottish Progression Award in Sport and Recreation
- National Certificate programmes in Further Education colleges
- SVQs in Sport and Recreation
- Suitable training/employment.

Who should I speak to about this course?

If you are interested in this course and want to find out more about it you should speak to your Guidance Teacher at school.

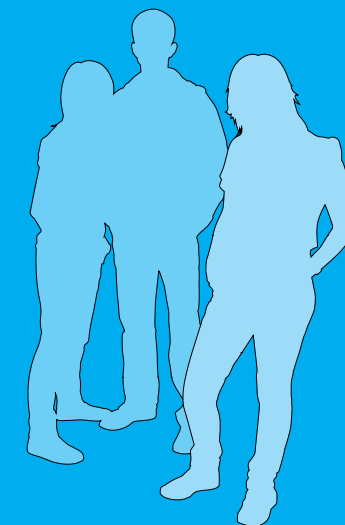
Time to choose?



ABERDEENCOLLEGE®

Aberdeen College School Links

Skills for Work Sports & Recreation Intermediate 1



ABERDEENCOLLEGE®

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Information for Pupils and Parents

Your school has joined with Aberdeen College to offer you the opportunity to undertake a vocational qualification as part of your school studies. This information leaflet is designed to answer your questions and explain a bit about the course you will be taking.

What is it?

Sport and Recreation is a well established industry with qualifications ranging from National Qualifications and SVQ's for Sport and Recreation, to Higher National Certificates or Higher National Diplomas in areas such as Fitness, Health and Exercise and Sport and Recreation Management. By completing this Course you will be developing important skills which will give you the opportunity to develop your skills further by undertaking further training and qualifications on leaving school, or an opportunity to enter suitable employment.

Skills for Work Sports and Recreation is a new National Course available in various colleges throughout Scotland. This Course will allow you to sample a range of sport and recreation disciplines, which will result in gaining a recognised SQA National Qualification.

What will I learn?

During this Course you will:

- Build a broad base of knowledge, skills and understanding related to the sport and recreation industry
- Develop an awareness of health and safety issues relevant to the range of activities
- Develop your communication and customer care skills
- Develop aspects of the Core Skills of Working with Others
- Build technical knowledge and skills in relation to setting up and checking equipment
- Develop good practice in maintaining a tidy and safe work environment
- Develop skills in setting personal fitness goals and reviewing progress
- Be prepared for further learning opportunities, study and training opportunities in the area of sport and recreation.

How will I be taught?

You will undertake a variety of learning methods and activities, which will include classroom based role play as well as real life sport and recreational vocational experience. You will be taught in classes held at Aberdeen College, which generally last from 2 to 2½ hours.

You will be expected to demonstrate:

- Good time keeping skills
- A willingness to learn
- A knowledge of appropriate dress
- An ability to work independently
- Planning and preparation skills
- Customer care
- An ability to establish and maintain good working relationships with others
- Problem solving skills
- An ability to review and identify how your skills are developing.

What will I study?

The Course is made up of the following five Units:

- Assist with Activity Sessions
- Dealing with Facilities and Equipment
- Dealing with Accidents and Emergencies
- Personal Fitness
- Skills for Employment.

What do I need?

Whilst you are taking part in the course you will be required to always:

- Wear the correct sports clothing
- Be ready to start your class at the given time.

You should know that eating and drinking is not allowed in the classrooms or sports facilities. Drinking water is available outside the fitness suite.